



E P I S C O P A L  
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SENIOR COMMUNITIES

## Novato Independent Elders Program

Margaret Todd Senior Center  
1560 Hill Road, Novato, CA 94945  
(415) 899-8296  
Carol Ann Moore, Director

July 1, 2011, the Novato Independent Elders Program (NIEP) and Episcopal Senior Communities (ESC) joined together to fulfill their respective missions of serving seniors through volunteer-based programs that fill gaps in services, promote healthy aging and support independent living.



Novato Independent Elders Program Launch Party 2011

# Novato Independent Elders Program

## Services ~ Programs ~ Events

- **Home- Delivered Grocery Programs** (*In partnership with Novato Safeway and Novato Human Needs Center*) Volunteers shop for and deliver groceries to homebound elderly Novato residents who are unable to shop for themselves. The delivery is free, clients pay only for their groceries.
- **Yard Maintenance Program** (*In partnership with local high schools, churches, Chevron employees and local volunteers*) Low income, isolated and/or disabled seniors receive help with their overgrown yards.
- **Disaster Preparedness Program** NIEP collects information to create Disaster Registry which lists Novato residents who could not be on their own for 72 hours following a disaster. The list is updated quarterly and held at the Novato Police Department to be accessed in an emergency.
- **Postal Carrier Alert Program** (In partnership with the Novato Post Office and Novato Police Department) Provides a community response, utilizing the “Seven Signs of Change”, if a senior is in need of assistance.
- **Senior Safety Program** (In partnership with Our Lady of Loretto and St. Anthony’s) NIEP uses funds to purchase grab bars, hand rails and other safety items for low-income Novato residents. St. Anthony’s and Our Lady of Loretto arrange and pay for installation.
- **Multicultural Outreach** NIEP Outreach specialists duplicate NIEP programs, coordinates 3 ESL courses per week, teaches citizenship classes and develops and implements education outreach and special events for Novato’s multicultural seniors at the Margaret Todd Senior Center.

### Other related services:

- **Community Education** - Workshops and seminars related to senior issues including the annual Health Fair and Flu Clinic
- **Information and Referrals** - Provides information on local programs and services for seniors and family caregivers
- **Margaret Todd Café** - *Good Earth Natural Foods* prepares and delivers food to Margaret Todd Dining Site. NIEP volunteers prepare the site for attendees, serve the meal and clean up.
- **Whole Aging Calendar** - (*In partnership with Sutter Visiting Nurses Association*) Provides information on educational workshops and special events available to Marin seniors, providers and caregivers.